

Peach Mint Tea Seltzer

recipe from Chef Carson Mac of Cannabliss Cuisine

Ingredients

- 1 peach, quartered
- 1 bunch mint - picked
- 1.5 oz maple simple syrup - infused
- 1.5 oz lime juice
- 3 oz mint green tea
- 6-8 ounces sparkling water or club soda
- 1 mint sprig, for garnish
- Ice

Instructions

- Cut the peach into quarters. Add quarters along with the picked mint to a tumbler. Muddle well to release the juice of the peach and mint.
- Add the maple simple syrup, lime juice and mint green tea.
- Fill the glass with ice then sparkling water. Stir well to incorporate the ingredients.
- Garnish with a sprig of mint if desired.
- Serve and enjoy!

Notes

Makes 1 drink.

I used infused maple syrup to make my beverage. You can also use drops or infused powders - just add along with the maple syrup, lime juice and mint green tea.

Make the mint green tea ahead of time and let cool before making.