

No-Fail Gummies

from Parker at tCheck.me

Ingredients

- 1 cup water or juice divided (I prefer a mix of lemon or lime juice, water, and kool-aid mix or another concentrated juice flavor mix.)
- ¾-1¼ ounce unflavored gelatin 3-5 Knox Packets *see notes below
- ½ cup cannabis oil or cannabutter measured with the tCheck
- 2 teaspoons lecithin powder or liquid
- 1 teaspoon lemon juice or mold inhibitor *see notes below
- 3 ounces flavored Jello 1 small box
- 5 drops flavoring oils if unsatisfied with the kool-aid.

Instructions

- Add ½ cup of water or juice. Stir the unflavored gelatin into the liquid. Bloom and set aside.
- Prepare a double boiler by putting one cup of water in the bottom pan. Add the top pan and place over medium-high heat. Once near boiling, turn the heat to low and let simmer.
- Add the cannabis oil (or cannabutter) and lecithin to the top of the double boiler. Allow butter or oil to melt as needed, and then whisk to incorporate. Leave over low heat while working on the next step. This is important to not damage the cannabinoids.
- In a separate small saucepan on the stove, add the remaining ½ cup of water or juice. Turn the heat to medium-high and bring to a boil.
- Once boiling, add the lemon juice or mold inhibitor and the Jello packet to the hot liquid. Whisk well to dissolve. Turn off the heat.
- Carefully and slowly, pour the Jello mixture into the double boiler that contains the melted oil (or cannabutter) and lecithin. Whisk consistently until all ingredients are incorporated.
- Take the reserved bowl of bloomed gelatin and add it to the double boiler.
- Add your desired amount for flavoring oil drops.
- Whisk constantly, ensuring no clumps form. This step is very important! You can use an immersion blender to speed up the process if desired.

- Working quickly, using a squeeze bottle, pipette, or piston funnel, add the gummy mixture to your gummy molds of choice.
- Allow the filled molds to sit and set for at least 30 minutes at room temperature or in the refrigerator before attempting to remove the gummies from the molds.
- Carefully remove the gummies from the molds. Decide whether you want to store them in the fridge immediately or allow them to air dry.
- Allow them to set up for 24 hrs, they will melt otherwise, but can be eaten in a softer form.

Notes