

Canna Flour

recipe from Ardent Cannabis

Ingredients

- 1 cup of flour (whole wheat, bread flour, almond flour, etc.)
- 1-5 grams (or more/less depending on desired potency) decarbed cannabis

Instructions

- Decarb your cannabis using your preferred method, remove stems.
- Grind the flower to a fine consistency.
- Add the flour and decarbed cannabis to a glass jar and mix well.

Notes

Use the canna flour in place of 1 standard cup in any recipe.