

Lit Lemonade

Adapted from Vitamix.com

Ingredients

- 2 cups water
- 1 strip lemon peel
- 1 lemon, peeled, halved & ends cut off
- 2 tablespoons of infused honey or more to taste
- 1 cup ice cubes

Instructions

- Place all the ingredients into the blender container in the order listed and secure the lid.
- Turn on the machine.
- Slowly increase the speed to high.
- Blend for 30 seconds.

Equipment: blender

Yield: 3 cups

Prep Time: 5 minutes

Notes