

# DIY Body Butter

## **Ingredients**

- Olive oil - 55%
- Coconut oil - 28%
- Beeswax - 15%
- Vitamin E - 0.5%
- Essential Oil of your choice - 1.5%
- RSO or FECO

## **Instructions**

- Determine how much body butter you want to make, ie. 250mL.
- Calculate how much of each ingredient you'll need.
- Measure out all of the ingredients, in grams
- Add the beeswax to a pot on the stove and melt over medium heat.
- Once completely melted add the olive oil and coconut oil and melt.
- Stir, remove from heat, put the pot in the fridge for 5 - 10 minutes.
- Pour the mixture into the bowl of a stand mixer.
- Mix until the body butter starts to get to a thick consistency.
- Add the Vitamin E, essential oil and RSO.
- Mix for a few more minutes until all the ingredients are well incorporated.
- Pour the body butter into clean glass or plastic jars.
- Allow to fully cool, it will thicken once fully cooled.
- Label and enjoy!

## **Notes**

Try using infused coconut oil or olive oil in lieu of the RSO. This may change the colour.