

# Intimacy Oil

## Ingredients

- Infused MCT oil
- Essential oils - optional

## Instructions

- Use a funnel to pour infused MCT oil into a 2oz amber glass bottle.
- Add essential oils if desired.
- Shake to combine.
- Drop intimate oil onto clitoris and labia 15-30 minutes before an intimate experience.
- Start with 10 drops and experiment from there.
- Will keep for 6 months - if it lasts that long!

## Notes

I used 10 drops ylang ylang, 4 drops black pepper oil and 4 drops peppermint organic essential oils.