

Decarboxylation - Oven Method

- Preheat your oven to 250-270 degrees F.
- Spread your dried cannabis evenly on an oven safe baking tray or glass dish.
- Cover with foil.
- Bake for 40 minutes, you'll smell the cannabis toasting.
- If decarbing more than 14 grams, toast for a little longer, around 45 minutes but pay attention that it doesn't get too browned or burned. Stir every 15 minutes in this case.
- Remove from the oven and let cool.

Notes

Chef Brandon Allen of the Trichome Institute has found through the latest scientific research, to decarb at 265 degrees F for 30 minutes ideally in a convection oven for best activation of the maximum amount of cannabinoids.