

Sous Vide Duck Fat

by Monica Lo, sousweed.com

Ingredients

- 8 ounces duck fat
- 4 grams cannabis flower, decarboxylated (or adjust to your preference)

Instructions

- Scoop duck fat into a quart-sized freezer-safe zip bag
- Add decarbed cannabis flower into the bag. Push all the air out and seal the bag completely.
- Set your sous vide water to bath to 85F.
- Once the sous vide water bath has reached its temp, submerge the bag in the water bath and sous vide for 4 hours.
- Remove from the water bath and strain. Disard the flower and allow the infused duck fat to cool. Store duck fat in the refrigerator.

Notes

Makes 8 ounces or 1 cup.