

Vitamin CBD Immunity Smoothie

from the book Cannabis Drinks by Jamie Evans, shared with permission

Ingredients

- 1/2 cup (85g) frozen pineapple
- 1/2 cup (90g) frozen mango
- 1 small frozen banana
- 1/2 cup (120ml) fresh pressed carrot juice
- 1/4 cup (60ml) fresh squeezed orange juice
- 1 teaspoon infused honey
- 1 teaspoon fresh squeezed lemon juice
- 1 teaspoon camu camu powder
- 1/4 teaspoon ground ginger
- fresh orange slice, for garnish

Instructions

- Add all the ingredients to a blender.
- Blend until smooth and creamy.
- Serve in a glass of your choice and garnish with a slice of orange.

Notes