

Choco Canna Banana

recipe from Ardent Cannabis

Ingredients

- 1 ripe, firm banana
- 1 teaspoon infused oil
- 3 tablespoons bittersweet chocolate chips
- optional: coconut flakes, hemp hearts, chopped nuts, cocoa nibs

Instructions

- Prep a tray with parchment paper, making sure it fits in the freezer.
- Set up a double broiler: place a large glass bowl over a pot of simmering water, making sure the bowl and water do not touch.
- Combine chocolate chips and infused oil in the bowl and melt using double broiler over very low heat (to avoid destroying the cannabinoids in your infusion).
- Meanwhile, slice rip banana into 1” chunks, set aside.
- Once the chocolate and oil are melted and incorporated, remove from heat.
- Dip bananas in the chocolate mixture and place on your prepared tray.
- Top with optional toppings if you choose.
- Place the tray in the freezer so that the banana pieces freeze.
- Once frozen, remove from tray, place in a freezer safe container and keep frozen.

Notes