

French Herb-Scented Vichy Water

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Ingredients for the Simple Syrup

- 2 tablespoons (8g) dried herbs de provence
- 1/2 ounce (15ml) medicated rich simple syrup made with honey
- 1 tablespoon (15ml) apple cider vinegar

Ingredients for the Cocktail

- lemon zest ice
- 6 ounces (180ml) Vichy water (or use plain seltzer water topped with a pinch of sea salt)
- cucumber bitters
- lemon zest twist

Instructions

- First make the herbed simple syrup. Place the herb de provence in a hemp tea bag, and seal. Combine the Medicated Rich Simple Syrup and the apple cider vinegar in a heat-proof mason jar and immerse the teabag in the liquid. Do not seal the jar. Place the jar in the top of a double boiler. Fill the top of the double boiler with enough water to cover the mason jar halfway. Simmer lightly at no more than 160F for 1 hour. Use a digital thermometer to keep an eye on the temperature. Remove the teabag from the syrup mixture, and let cool.
- Then, add the lemon zest ice to a Collins glass. Top with 1 ounce (30ml) of the herbed simple syrup. Top with the Vichy water. Dot with the cucumber bitters and garnish with a lemon zest twist. Serve immediately.

Notes