## **Decarboxylation - Sous Vide Method**

- Vacuum seal your dried flower, chief or trim in a food-safe plastic bag.
- Set your sous-vide cooker or immersion circulator to 200 degrees F.
- Immerse the sealed bag in the hot water and allow it to simmer for 5-6 hours.

After the decarbing process, you can infuse your cannabis by using the same sous vide method:

- Add the desired amount of cannabis and melted butter or oil into a food-safe plastic bag.
- Vacuum seal the bag and immerse in the hot water, simmering for 5-6 hours.